

# AGENDA SUPPLEMENT (1)

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**Meeting:** Pewsey Area Board  
**Place:** Bouverie Hall, Goddard Road, Pewsey, SN9 5QE  
**Date:** Monday 6 March 2017  
**Time:** 7.00 pm

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**The Agenda for the above meeting was published on Friday 24 February 2017. Additional documents are now available and are attached to this Agenda Supplement.**

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This Agenda and all the documents referred to within it are available on the Council's website at [www.wiltshire.gov.uk](http://www.wiltshire.gov.uk)

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## Area Board Update - March 2017

Healthwatch Wiltshire is a local independent organisation which exists to speak up for people on health and care. If you have used a service recently then we would like to hear from you. We use what people tell us when we meet with the commissioners and providers of services to make sure that they take account of your views and experiences.

### End Of Life Care



New End of Life Care pages are live on the Your Care Your Support Wiltshire Website:

[www.yourcareyoursupportwiltshire.org.uk/endoflifecare](http://www.yourcareyoursupportwiltshire.org.uk/endoflifecare). We have consulted with the Wiltshire Carers Action Group, Wiltshire End Of Life Programme Board and end of life specialist staff at Bath RUH and Wiltshire Health & Care. The pages are a good starting point for people who have questions about end of life care.

We are working on listing providers of end of life services for the service directory, which does include providers of palliative medicines. If anyone has any suggestions about other providers to share, then please let us know.

During the course of our research, we have found that Marie Curie have also drafted pages which will help health and social care workers expand their knowledge of palliative care - [www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone](http://www.mariecurie.org.uk/professionals/palliative-care-knowledge-zone)

Similarly, Facebook have addressed the digital legacy issue by allowing you to nominate someone who can be your legacy contact. You can add, change or remove a legacy contact on Facebook through this link: [www.facebook.com/help/1070665206293088?helpref=related](http://www.facebook.com/help/1070665206293088?helpref=related), but chat to the person you're nominating first though!

Finally, March 2017 is Free Wills Month. Members of the public aged 55 and over can contact one of the firms of solicitors participating in the Free Wills Month campaign to request an appointment. There is also a downloadable will planner at <https://freewillsmoonth.org.uk/>.

These links will be worked into the end of life pages shortly.

### Would you like to join the Healthwatch Wiltshire board?

Change is an inevitable part of the successful development of any organisation, and Healthwatch Wiltshire is no exception. Since it was set up in March 2013, Healthwatch Wiltshire has evolved to become a trusted and valued part of the local health and social care scene.



The original directors were appointed for a period of three years, with an option to extend their terms of office for a further two years. This ensures that membership of the Board is periodically refreshed, at the same time as ensuring continuity and a smooth handover of responsibilities. We are always on the lookout for local people who would like to use their passion and commitment to support others to speak out and influence the future of health and care in Wiltshire! If you would like to be considered, please download the recruitment pack from the Healthwatch Wiltshire website [www.healthwatchwiltshire.co.uk/wp-content/uploads/2016/12/Board-Pack-Final.pdf](http://www.healthwatchwiltshire.co.uk/wp-content/uploads/2016/12/Board-Pack-Final.pdf)



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March 2017

## Sustainability and Transformation Plan

A short guide on Bath and North East Somerset, Swindon and Wiltshire's Sustainability and Transformation Plan (STP) has been produced.

The guide provides a summary of our local five year STP and sets out the significant challenges that we face and the opportunities we must take to ensure local people can access high quality, sustainable and safe, physical and mental health care into the future.

The plan considers the reasons services need to change and how we can provide them differently in a way that benefits patients and helps people stay healthier for longer.

There are three areas where change is urgently needed to ensure health and care services meet the needs of local people well into the future:

1. Improving health and wellbeing
2. Improving the quality of care people receive
3. Ensuring our services are efficient

Our plan needs to respond to the needs of local people, patients and carers as well as healthcare professionals and voluntary organisations.

Our goal is to improve the way that health and care services are delivered across B&NES, Swindon and Wiltshire with the aim to ensure that everyone gets the high-quality health and care they need, regardless of where they live.

We'd love to hear what you think, and are committed to engaging with people as our plans develop. Engagement events will be publicised through media, our websites and through local Healthwatch. You can also share your views in the following ways:

Send an email to: [ruh-tr.STP-BSW@nhs.net](mailto:ruh-tr.STP-BSW@nhs.net) or contact your local Healthwatch office, an independent body representing the voice of patients and public.

The STP short guide can be viewed on Wiltshire CCG's website: <http://www.wiltshireccg.nhs.uk>



## Planning for the future

Bath and North East Somerset,  
Swindon and Wiltshire's  
Sustainability and Transformation  
Plan (STP)

A short guide

## Act F.A.S.T at the first signs of stroke

Wiltshire CCG is supporting Public Health England's national Act F.A.S.T stroke campaign.

The campaign aims to raise awareness of the symptoms of stroke and encourages people who recognise any single one of the symptoms of stroke, in themselves or other, to call 999 immediately.

A stroke is a 'brain attack, caused by a disturbance in the blood supply to the brain. It's a medical emergency that requires immediate attention, so recognising the symptoms of stroke and calling 999 for an ambulance is crucial.

Symptoms:

Face – has their face fallen on one side? Can they smile?

Arms – can they raise both arms and keep them there?

Speech – is their speech slurred?

Time to call 999



There are some other symptoms that people should be aware of as these may occasionally be due to stroke, these include:

- Sudden loss of vision or blurred vision in one or both eyes
- Sudden weakness or numbness on one side of the body
- Sudden memory loss or confusion
- Sudden dizziness, unsteadiness or a sudden fall, especially with any of the other symptoms

Approximately 110,000 people have a stroke each year in England. It is the third largest cause of death, and the largest cause of complex disability; over half of all stroke survivors are left with a disability.

The sooner somebody who is having a stroke gets urgent medical attention, the better their chances of a good recovery.